

# Medical History

**Please fill in this form for every family member.**

Date: .....

Name: ..... m / f

Date of birth: .....

**Has one or more of the following diseases been established by your GP or a medical specialist?**

- |  |                             |  |
|--|-----------------------------|--|
| <input type="checkbox"/> Diabetes                                | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Lung disease (Asthma, COPD)             | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Renal disease                           | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> High Blood pressure                     | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Heart and Vascular disease              | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Neurological disease (Stroke, Dementia) | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Gastrointestinal disease                | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Thyroid disease                         | <input type="checkbox"/> no | <input type="checkbox"/> yes, from ..... |
| <input type="checkbox"/> Cancer                                  | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Rheumatic disorder                      | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Burnout                                 | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Psychiatric disorders                   | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Eating disorder                         | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Sexual Transmitted Disease (STD)        | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> High Cholesterol                        | <input type="checkbox"/> no | <input type="checkbox"/> yes, from.....  |
| <input type="checkbox"/> Other diseases: .....                   |                             |  |

Do you visit a medical specialist in the hospital? If so, which one? Name? Which hospital?

.....  
.....  
.....

Do you use medication? If you do, which one? Dose? Frequency? Including over the counter medication.

- ..... - .....  
- ..... - .....  
- ..... - .....  
- ..... - .....  
- ..... - .....  
- ..... - .....

Do you have an allergy? ..... Hay Fever?

Food intolerances?.....

Allergic reactions on medication? What kind of allergic reaction?.....

.....  
.....

Did you ever have a surgical intervention? If so, when? Which procedure?.....

- .....  
- .....

Did you have any bone fractures? If so, when? Which bone? Left or right? Did you have related surgery?

- .....  
- .....

Do you smoke?  never  I stopped for ..... years  yes, ..... cigarettes a day

Do you use alcohol?  If you do, how many a day?.....

Do you (sometimes) use drugs?  If you do, which?.....

Have you been a victim of sexual harassment?  yes,  no .....

Did you receive the annual flu-vaccination?  yes  no

If so, do you still want to receive the vaccination?  yes  no

Do you have a donor card?  A declaration of intention?

**Do any of these diseases occur in your family? (father, mother, grandfather, grandmother, brother, sister, uncle and aunt).**

- |  |                        |
|--|------------------------|
| <input type="checkbox"/> Diabetes                    | If so, which: .....    |
| <input type="checkbox"/> Lung disease (Asthma, COPD) | If so, which/what..... |
| <input type="checkbox"/> High blood pressure         | If so, which/what..... |
| <input type="checkbox"/> Heart and Vascular disease  | If so, which/what..... |
| <input type="checkbox"/> Neurological disease        | If so, which/what..... |
| <input type="checkbox"/> Renal disease               | If so, which/what..... |
| <input type="checkbox"/> Psychiatric disorders       | If so, which/what..... |
| <input type="checkbox"/> Cancer                      | If so, which/what..... |
- .....

**For Females:**

Did you have an X-ray of the breasts?  If so, when? What was the result? .....BIRADS. ....

.....  
Did you have a cervical smear?  If so, when? What was the result? .....PAP. ....

.....  
Do you have an IUD?  If so, which one? When was it placed?.....

Do you use an oral contra contraceptive?  If so, which one?.....

**Extra Information:**

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